

STUFF THAT WORKS



September 17, 2023
www.fabricmpls.com

Stuff That Works - THE BUS: Buses are great mass transportation, but this isn't about those buses, it's about YOUR bus. Who is on it? Are you driving through life alone, or with random passengers you've picked up along the way? Got people on your bus you wish would get off but won't leave? What if...for some of those special trips, at least, like when you are facing big decisions or need help...you had just the right mix of people on board? That could be something that really works!

WELCOME!

Life, for adults and kids alike, is most fulfilling when it is woven deeply with the strands of your full self, others, and that third strand that is bigger, beyond, around and within us all that you may or may not know as God.

Learn more about Fabric at FabricMpls.com

Miss a week or want to hear the message again?

Check our podcast fabricmpls.podbean.com

WHAT TO EXPECT

We're glad you're here

Music with Chris Tripolino and the Fabric Band

Welcome & Say Hi

Message -- Greg Meyer

Connecting with & supporting Fabric

More music

Closing Thoughts for kids and adults

Stay for our Golden Birthday Taco Bar!

Kids - What's Happening Today We'll practice sharing stories as we discover how wrestling with feelings and ideas helps us tie a KNOT in our ropes. Kids start out in the Commons and during the welcome will be invited to their special spaces...6 months-preschool will be heading the media center and kindergarten through 8th graders will head to the gym. More at fabricmpls.com/kids-current



It's not just a birthday, it a GOLDEN BIRTHDAY! TODAY, Sunday, Sept 17 is 17 years since our very first weekly gathering! That's a birthday worth celebrating. We'll celebrate after today's gathering with a **Taco Bar and Lawn Games**. Be sure to share your favorite memory of when your life with Fabric began.



COMING UP AND MORE!



NEXT SUNDAY: Stuff That Works - PIPES. We like to have, possess, collect, hold on to. Letting go is one of the hardest things we do, yet it is how life grows within and beyond us. Since it is so important and so hard, it is important for us to consider and practice this thing that works. *Fabric Groups are starting up too; a place to connect and make the Stuff That Works work in your life! Interested? Write it on your Communication Card.*



LAND ACKNOWLEDGEMENT

Where we are and the story of our land matters. Most of us live in, and we gather in land that was part of the Dakota people for centuries, but from which they were forcibly and dishonorably removed by the US government. It is an honor and a responsibility for us to live on and care for this land today.

Why Stuff That Works?

*We pray for God's power to help you do
all the good things that you hope to do
and that your faith makes you want to do.*
2 Thessalonians 1.11b CEV



Your Bus is your TEAM.

And it fits with the 3rd Strand (God) because (at least according to the Bible)...

God is LOVE.

God is love. 1 John 4.8

God loves YOU.

You are precious in my sight, and honored, and I love you. Isaiah 43.4

God loves you by creating you for COMMUNITY.

*The whole body, joined and knit together by every ligament with which it is equipped,
as each part is working properly, promotes the body's growth in building itself up in love.*
Ephesians 4.16

The Bus - People with whom you surround yourself INTENTIONALLY and VULNERABLY for health and growth.

Who is on your bus?

<p>THE ENCOURAGER These people believe in you. They are on your side, always, and see the best in you.</p>	<p>THE MENTOR Don't start something new or give up on something without checking in with these people. You respect them and they think highly of you.</p>	<p>THE STRETCHER Not the same as the mentor. These people amaze you. You wouldn't think of half the stuff this person does. They keep you from getting stale.</p>
<p>THE TRUTHTELLER These people hold you accountable. They say what you need to hear but are constructive. They know you well enough to build you up this way.</p>	<p>THE LEARNER You are their mentor. You will learn more by teaching them than by anything else but practicing. Remember to learn from this person too!</p>	<p>THE YIN TO YOUR YANG It's tempting to fill your bus with people like you. These people are different from you in some radical way that makes you uncomfortable but not unsafe.</p>

The seats on your bus represent ROLES not INDIVIDUALS.

Who's NOT on your bus? *And a few other things!*

Everyone - you have to choose! People who don't have your best interest in mind. People who are self-absorbed or advice-oriented rather than listening-oriented. Someone with opposing or no values. People you have no access to - they live far away, or are too busy. How do you get someone off your bus who you don't want on it? This can be hard, but basically, don't invite them on! Give the people you want your attention and tune them out.

Should God be driving your bus? NO! All 3 strands need to be woven in deeply, but it's your bus. You drive!

With the right people on your bus the DESTINATION isn't so important.

And that is because it is more important that you be WHOLE than PRODUCTIVE.

HOMEWORK - Who is on YOUR bus? Name someone who can fill each seat for you. Tell them that they are on your bus and what you look to them for. In your Group this week discuss how you can all serve as a weekly Bus for one another.

Bonus: Whose bus are you or could you be filling a seat? Don't be modest!

R.O.A.M.

ROAM (Read, Observe, Apply, Meditate) through these Bible readings this week.

You gotta love this story. Think about how no one can do life alone, but we need others. **Exodus 18.13-27**
And this counsel about how the diversity of community makes us whole & healthy. **Ephesians 4.15-16**