

Week 5: Pray without Ceasing

Prayer: opening up to conversation with All That Is.

Rejoice always, **pray without ceasing**, give thanks in all circumstances...1 Thessalonians 5:16-18 What would it be like to live prayerfully?



As they were leaving Jericho, a large crowd followed him.... Jesus stood still and called them, saying, 'What do you want?' (Check out this and the Palm Sunday story that follows starting at the end of Matthew 20.)

What do you want?

We suffer to get well, we surrender to win, we die to live, we give it away to keep it. This wisdom will forever be resisted as true. It will be denied and avoided until it is forced upon us by some reality over which we are powerless. And if we are honest, we are all powerless in the face of Full Reality.

- From Breathing Underwater: Spirituality and the Twelve Steps by R. Rohr

This command...is not too mysterious or remote for you. It is not up in the sky... Nor is it across the sea...No, it is something very near to you, already in your mouths and in your hearts; you have only to carry it out. – Deuteronomy 30:11-14

Living prayerfully is a POSTURE wiling to WEAVE with All That Is in EACH MOMENT. We weave as we learn to SEE, BE PRESENT WITH and ACCEPT what is right here with REVERENCE.

With That Moon Language, Hafiz. From Love Poems from God, translated by Daniel Ladinsky, Ed.

HOMEWORK: Why not try seeing everything as holy this week?

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