

Welcome Everyone! Fabric Groups are a regular, long haul space to **share, care, trust and grow** with others inspired by the conversations and experiences we have in common as Fabric.

## Opening ideas

5 mins

Welcome! [How Much is Enough](#) has us wondering about our relationships with our money. Something I value about the chance to talk about this together is...

Light a candle. Taking your time... take turns (allowing passes of course) reading this reminder from Sunday aloud: **You are a gift to this world. You are not a cog in the economic engine of society. You are more than your finances!**

Read through the **Group Agreements** on the back/page 2. You might pass them around and take turns reading them.

## Intro idea

10-15 mins

Share names and **something you consider ordinary that you appreciated this week.** (If anything extra-ordinary happened share that, too! If you want...and have time...)

## Discussion Question Ideas

30-60 mins

1. Read and enjoy the comic. Who hasn't been there?!  
**What do you think most people would find surprising, challenging or refreshing from this week's message ([outline](#))?**



2. Greg invited everyone to consider their own way of describing “**contentment.**” Take a moment to do that here again! Share and talk about your ideas. How do you think giving can teach you contentment?
3. The human relationship to wealth is an ancient conversation, not just a modern problem. Revisit the story about Jesus from Matthew 22. **For Greg this story “blows this open.” What about you?** What does this story make you wonder? What seems true about it that might apply to you, now? (Revisit Greg’s context on how this would have been a “jaw dropper” for the people he was talking to [starting here](#) in the livestream.)
4. **\*\*MOST DARING\*\*** Remember, they aren’t the same but we ALL have money problems. And we CAN help each other. **Look at the homework.** It invites you to “do the math”...to “stretch”...and to consider if you need help. This likely feels risky or tender. Help each other find one action to help you remember: **You are a gift to this world. You are not a cog in the economic engine of society. You are more than your finances!** If not here and now, could you talk with someone this week?

## Ideas to Close

5-10 mins

Invite everyone to write on a slip of paper (or put in chat): Note a THANKS, HELP or a WOW on your mind or heart as we close. Collect them all and re-distribute/exchange so everyone’s is (unhurriedly) read back by someone else. May it all be so!



## Group Agreements

1. **Push pause.** The world is noisy. Before speaking, take a breath.... let Silence be a voice in your Group.
2. **Be present.** Your being here matters! Step up to share when you are ready. Step back to listen.
3. **Share what you want** when you want. You don't have to do anything you don't want to do.
4. **Confidentiality.** Always ask before sharing anything outside the group, even if it is with the most supportive of intentions.
5. **Wonder over judgment.** Starting to feel judgmental of yourself or others? Get curious with open and honest questions. Ask "how" not "why" to be on a tour, not a trial of yourself and others.
6. **Listening is a superpower.** Listening to others share their own experiences, struggle and strength is empowering. So is being listened to!
7. **Speak from your own experience,** to the whole group. Avoid crosstalk, fixing, interpretation, or unsolicited advice or help.\*

\*Anne Lamott called help "*the sunny side of control.*" But we do need feedback, care, support and help sometimes! If someone asks, clarify first "*What does support look like right now? Or How can we/I use this next 20 minutes in a way that would be helpful?*" If someone doesn't know or is in crisis, pull out your [Care IQ](#) tools.

*These agreements are practiced, not perfected! Circle back with the group or an individual when (not if) you mess up or to share how something felt to you. [How to apologize.](#) Practice when it's easy! Early and often.*

